

# Faith Formation at Home

## For the Week of October 23 - 29

### Make a Family Commitment

Make a list! With your family, take a few minutes to discuss who in your life needs prayer. Do you know a friend who is sick, or hurting? Do you know a family member who is struggling? Is there someone in your church you would like to pray for. You can share why if you want to, but it is more important to write their names down

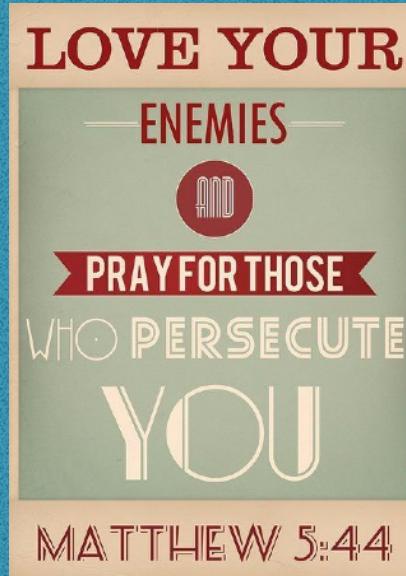
### Closing Prayer

Pray together as a family. Close your time together with a prayer of thanks for this time together as a family, and for the things on your prayer list which you made together. Give thanks for the joy and happiness you share with your family in all things. Give thanks for the opportunity to share those joys with God.

**Through the week:** As you keep the names of those on your prayer list in your heart, feel free to add new names to the list as needed, or celebrate when you feel like someone can come off your list.

### Blow out the candle

Enjoy some time with your family!



*We Pray Together  
What is prayer? Have  
you ever wondered  
what prayer is? Does  
it have to be done in a  
certain way? If I don't  
say certain things,  
does it count? Do we  
only pray in certain  
places?*

The purpose of Faith Formation in the Home is to provide parents with a stress-free, easy to use lesson in order to lead faithful conversations with their children at home. Most parents spend less than 30 minutes a day in conversation with their children. Often those 30 minutes are spent giving orders and “parenting”. Faith Formation in the Home is designed in hopes that you will spend a few minutes a week talking about things which will help develop into faithful conversations about God, life, and relationships.

The lessons each week come from scripture and will be centered on seasonal themes.

**Start by lighting a candle.** This represents the light of Christ and is a symbol that Jesus is present in this space. It also sets apart the time as sacred (special) and holy (filled with God).

### **Pray together**

Dear Lord, I give You my hands to do Your work, my feet to go Your way, my eyes to see as You see, my tongue to speak Your words, my mind that You may think in me, my spirit that You may pray in me. Above all, I give You my heart so that You may love through me. Amen.

### **Warm up Question**

Read the question and invite everyone to share their own response. It may be helpful to use a, “talking stick” for person who is talking to hold. This will signify that only this person should be speaking until they pass the stick.

*Who do we pray for? Do we only pray for ourselves? Do we only pray for our family or our friends?*

**Scripture** - This season we will be talking about prayer. We will talk about why we pray, what we pray for, and how we pray. This will be an opportunity for you as a family to talk about and participate in prayer together.

Read the following scripture out loud.

### *2 Corinthians 1: 11*

*11 You also must help us by prayer, so that many will give thanks on our behalf for the blessing granted us through the prayers of many.*

**Talk** - In this short passage from Paul to the people in Corinth, he asks for their prayers. Prayer is an important tool and powerful tool which God has given us. Praying for others is more than just the best thing to do when we can't do any more for them—it is always the best thing to do for them (though not the only thing, of course!).